

Well known facts

A summary of results which you have either learnt or not but we do not prove here.

Theorem: Let μ be an outer measure on X . Then the measure generated by μ is a Borel measure iff

$\mu(A \cup B) = \mu(A) + \mu(B)$,
whenever $A, B \subset X$ and $d(A, B) > 0$.

The proof is presented in the first Folland book.

Definition: Let μ be a Borel measure on a separable metric space X . The support of μ $\text{spt} \mu$ is the smallest closed set s.t. $\mu(X \setminus F) = 0$.

$\text{spt} \mu = X \setminus \left\{ x : \exists r > 0, s.t. \mu(B(x, r)) > 0 \right\}$.

Example: $\mathbb{Q} = \{q_1, q_2, \dots\}$ the set of rational numbers

$\mu = \sum_{i=1}^{\infty} 2^{-i} \delta_{q_i}$ $\delta_{q_i}(A) = \begin{cases} 1 & \text{if } q_i \in A \\ 0 & \text{if } q_i \notin A \end{cases}$

Then μ is a finite Radon measure on \mathbb{R} with $\text{spt} \mu = \mathbb{R}$ but μ is carried by the countable set \mathbb{Q} in the sense that $\mu(\mathbb{R} \setminus \mathbb{Q}) = 0$.

Theorem (Well known)

Let X be a separable metric space $f: X \rightarrow [0, \infty)$ Borel function. Then

$\int f d\mu = \int_0^{\infty} \mu(\{x : f(x) \geq t\}) dt$.

Riesz representation theorem

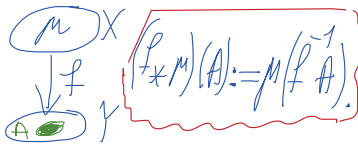
Let X be a locally cpt metric space & $L: C_0(X) \rightarrow \mathbb{R}$ a positive linear functional.

Then $\exists!$ Radon measure μ s.t. $Lf = \int f d\mu$ for $f \in C_0(X)$.

where $C_0(X)$ is the space of compactly supported continuous real valued functions on X .

The push down measure

Sometimes people call it push forward measure.



Change of variables formula

Theorem: Let $f: X \rightarrow Y$ be a Borel mapping, μ is a Borel measure on X $g: Y \rightarrow [0, \infty)$ Borel function. Then

$\int_Y g d(f_* \mu) = \int_X g \circ f d\mu$

Definition Weak convergence

Let $\mu_1, \mu_2, \dots, \mu_n, \dots$ be Radon measures on metric space X . We say that

$\mu_i \xrightarrow{w} \mu$ (that is μ_i converges weakly to μ) if

$\lim_{n \rightarrow \infty} \int \varphi d\mu_n = \int \varphi d\mu$ for all $\varphi \in C_0(X)$.

Examples: $\delta_i \rightarrow 0$ if $i \rightarrow \infty$

$\mu_k = \frac{1}{k} \sum_{i=1}^k \delta_i$. Then

$\mu_k \xrightarrow{w} \text{Leb}|_{[0,1]}$.

The weak convergence is useful for:

Thm 1 μ_1, μ_2, \dots Radon measures on \mathbb{R}^d with

$\sup \{ \mu_i(K) : i=1,2,\dots \} < \infty$

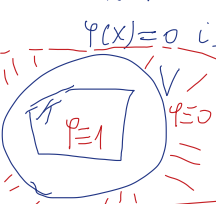
for all compact set $K \subset \mathbb{R}^n$. Then \exists $\{\mu_{i_k}\}$ weakly convergent subsequence.

Theorem: Let μ_1, μ_2, \dots be Radon measures on a locally cpt metric space. If $\mu_i \xrightarrow{w} \mu$ $K \subset X$ cpt, then $\mu(K) \geq \limsup \mu_i(K)$ $G \subset X$ open

a) $\mu(K) \geq \limsup_{i \rightarrow \infty} \mu_i(K)$
b) $\mu(G) \leq \liminf_{i \rightarrow \infty} \mu_i(G)$.

Proof of part (a): $\forall \epsilon > 0$ $\exists K \subset V$ open s.t. $\mu(K) > \mu(V) - \epsilon$

By Urysohn's Lemma $\exists \varphi \in C_0(X)$; $0 \leq \varphi \leq 1$ s.t. $\varphi(x) = 1$ if $x \in K$ $\varphi(x) = 0$ if $x \notin V$



Then $\mu(K) \geq \mu(V) - \epsilon \geq \int \varphi d\mu - \epsilon$

$= \lim_{i \rightarrow \infty} \int \varphi d\mu_i - \epsilon \geq \limsup \mu_i(K) - \epsilon$.

The proof of part (b) is similar. Now we prove the most important covering theorems:

Vitali CT for Leb. measure, Besicovitch CT, Vitali CT for Radon measures, Vitali CT for Hausdorff measures.

5r Covering theorem

Let $B = B(x, r)$. We write $t \cdot B := B(x, t \cdot r)$ in an Euclidean space.

Let \mathcal{C} be a collection of balls contained in a bounded subset of \mathbb{R}^n . Then \exists finite or countable sub collection $\{B_i\}$ s.t.

$\bigcup_{B \in \mathcal{C}} B \subset \bigcup_i 5 \cdot B_i$.

Proof: $d_m := \sup \{ \text{diam}(B) : B \in \mathcal{C} \}$

Let $B_1 \in \mathcal{C}$ s.t. $\text{diam}(B) \geq \frac{d_m}{2}$. If B_1, \dots, B_m have already been chosen let

$d_{m+1} = \sup \{ |B| : B \in \mathcal{C}, B \cap \bigcup_{i=1}^m B_i = \emptyset \}$

If $d_{m+1} = 0$ then we are ready otherwise we choose

$B_{m+1} \in \mathcal{C}$ s.t.

$B_{m+1} \cap \bigcup_{i=1}^m B_i = \emptyset$

$|B_{m+1}| \geq \frac{1}{2} d_{m+1}$.

We claim that $\bigcup_{B \in \mathcal{C}} B \subset \bigcup_i 5B_i$ (*)

Namely, if $B \in \mathcal{C}$ and $B \not\subset \bigcup_{i=1}^m B_i$ then $\exists i$ s.t. $B \cap B_i \neq \emptyset$ and $2|B_i| \geq |B|$ (***)

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First we verify (***)

Recall: for every $m \geq 1$: $d_m = \sup \{ |B| : B \in \mathcal{C}, B \cap \bigcup_{i=1}^m B_i = \emptyset \}$

Choose m s.t. $|B_{m+1}| \geq \frac{1}{2} d_m$

$\frac{d_m}{2} < |B_{m+1}| \leq \frac{|B|}{2} \Rightarrow d_m < |B|$

So, $\exists i \in \{1, \dots, m\}$ $B \cap B_i \neq \emptyset$ but for all such i : $|B_i| \geq \frac{|B|}{2}$.

Note that $|B_i| \rightarrow 0$ since $\sum_{i=1}^{\infty} |B_i| < \infty$ (***). However, (***) implies that $B \subset 5B_i$ which completes the proof.

Vitali Covering Theorem

Let $A \subset \mathbb{R}^d$ and \mathcal{B} is a family of closed balls in \mathbb{R}^d s.t.

every $x \in A$ is contained in some arbitrarily small elements of \mathcal{B} . That is

$\inf \{ \text{diam}(B) : x \in B \in \mathcal{B} \} = 0$.

Then $\exists \{B_i\}, B_i \in \mathcal{B}$ s.t.

- $B_i \cap B_j = \emptyset$ if $i \neq j$,
- $\text{Leb}_n(A \setminus \bigcup_i B_i) = 0$.
- $\forall \varepsilon > 0$ we can choose $\{B_i\}$ s.t. $\sum_i \text{Leb}_n(B_i) \leq \text{Leb}_n(A) + \varepsilon$.

Proof: Assume that A is bounded. Choose $U \subset \mathbb{R}^d$ open set s.t. $\text{Leb}_d(U) \leq (1+\varepsilon^{-d}) \text{Leb}_d(A)$. Let \mathcal{B} be the collection of all balls contained in U . Let $\{B_i\}$ be a finite or countable subcollection of \mathcal{B} chosen according to the \mathcal{J}_ε covering theorem: $A \subset \bigcup_i B_i, B_i \subset U$

$\sum_{i=1}^{k_1} \text{Leb}_d(A) \leq \sum_{i=1}^{k_1} \text{Leb}_d(\bigcup_{i=1}^{k_1} B_i)$
 $= \sum_{i=1}^{k_1} \text{Leb}_d(B_i)$
Hence we can find k_1 s.t.
 $\sum_{i=1}^{k_1} \text{Leb}_d(A) \leq \sum_{i=1}^{k_1} \text{Leb}_d(B_i)$
 $A_1 := A \setminus \bigcup_{i=1}^{k_1} B_i$ Let $u := 1+\varepsilon^{-d}$
 $-6 < -1$
 $\text{Leb}_d(A_1) \leq u \cdot \text{Leb}_d(A)$

Namely, $\sum_{i=1}^{k_1} \text{Leb}_d(A_1) \leq \sum_{i=1}^{k_1} \text{Leb}_d(\bigcup_{i=1}^{k_1} B_i)$
 $= \sum_{i=1}^{k_1} \text{Leb}_d(B_i)$
 $\leq (1+\varepsilon^{-d}) \text{Leb}_d(A)$
 $= u \text{Leb}_d(A)$ Remember: B_i are closed balls!
Since $A_1 \subset \bigcup_{i=1}^{k_1} B_i$, $\exists U_1$ open
 $A_1 \subset U_1, \text{Leb}_d(U_1) \leq (1+\varepsilon^{-d}) \text{Leb}_d(A_1)$
 $\bigcup_{i=1}^{k_1} B_i \cap U_1 = \emptyset$

As above: $\exists \{B_i\}_{i=k_1+1}^{k_2}$ disjoint balls $B_i \in \mathcal{B}, B_i \subset U_1$ s.t. for k_2
 $A_2 = A_1 \setminus \bigcup_{i=k_1+1}^{k_2} B_i = A \setminus \bigcup_{i=1}^{k_2} B_i$
 $\text{Leb}_d(A_2) \leq u \text{Leb}_d(A_1) \leq u^2 \text{Leb}_d(A)$
Clearly all of the balls $\{B_i\}_{i=1}^{k_2}$ are disjoint.

After m step we get $\{B_i\}_{i=1}^{k_m}, B_i \in \mathcal{B}$ disjoint balls.
 $\text{Leb}_d(A \setminus \bigcup_{i=1}^{k_m} B_i) \leq u^m \text{Leb}_d(A)$
Using that $u < 1$ the result follows. If A is NOT bounded, partition \mathbb{R}^d into unit cubes with disjoint interior. Apply the result for the part of A in such a cube and observe that the intersections of the cubes have zero measure.

Remark 1: Assume that μ is a Radon measure for which $\exists 1 < r < \infty$:
 $\lim_{r \rightarrow 0} \left\{ \frac{\mu(B(y, r))}{\mu(B(y, r))} : x \in B(y, r) \right\} < \infty$
for μ -a.e. $x \in \mathbb{R}^d$. Then we can substitute the Leb_d measure for μ . The proof is the same.

Remark 2: There are Radon measures for which the theorem does not hold:
 $A = \mathbb{R}^1, \mu(A) := \text{Leb}_1[x \in \mathbb{R} : (x, 0) \in A]$
 $B = \{B(x, y) : x \in \mathbb{R}, 0 < y < \infty\}$
Covers $A = \{(x, 0) : x \in \mathbb{R}\}$ Satisfying the requirements of the Thm but there is no way to find a countable subfamily which covers μ -a.e. points of A .

Besicovitch Covering Theorem
First we need two lemmas:
Lemma: Let $a, b \in \mathbb{R}^2$ s.t.
(i) $0 < |a| < |a-b|$
(ii) $0 < |b| < |a-b|$
Then the angle between a, b is at least 60° . That is $\left| \frac{a}{|a|} - \frac{b}{|b|} \right| \geq 1$.
Proof: The proof is elementary and everybody moves it alone.
Lemma: \exists a constant $N = N(d)$ depending only on d s.t.

Suppose that $\exists k, a_1, \dots, a_k \in \mathbb{R}^d$ & $\tau_1, \dots, \tau_k \in \mathbb{R}^+ = (0, \infty)$ s.t.
 $\forall i \neq j, a_i \notin B(a_j, \tau_j), \bigcap_{i=1}^k B(a_i, \tau_i) \neq \emptyset$
Then $k \leq N(d)$.
Proof: Assume that (a) $a_i \neq 0$, and (b) $0 \in \bigcap_{i=1}^k B(a_i, \tau_i)$. Consider the plane spanned by a_i, a_j , where $i \neq j$ fixed, and apply the previous lemma with $a = a_i$ & $b = a_j$. We get:
 $\left| \frac{a_i}{|a_i|} - \frac{a_j}{|a_j|} \right| \geq 1, i \neq j$

So the points $\frac{a_i}{|a_i|} \in S^{d-1}$ s.t. the distance between any two of them is at least 1. S^{d-1} is compact so, \exists an upper bound $N(d)$ for the number of this points. \square
Besicovitch's covering theorem
 $\exists P(d), Q(d)$ constants with the following properties:
Given $A \subset \mathbb{R}^d$ bounded, \mathcal{B} family of closed balls s.t. $\forall a \in A, \exists B \in \mathcal{B}$ centered at a . Then

(a) \exists a finite or countable collection of balls $\{B_i\}, B_i \in \mathcal{B}$ s.t.
 $\# \{B_i\} \leq \sum_i \# \leq P(d)$
(*) $A \subset \bigcup_{i=1}^{P(d)} B_i, B_i \in \mathcal{B}$
(b) \exists subfamilies $B_1, \dots, B_{N(d)} \subset \mathcal{B}$ covering A such that B_i consists of disjoint balls.
(**) $A \subset \bigcup_{i=1}^{N(d)} B_i, B_i \in \mathcal{B}$
(***) $B \cap B' = \emptyset, \forall B, B' \in \mathcal{B}_i, \text{ if } B \neq B'$

Proof: $\forall x \in A$ pick an $r(x)$ s.t. $B(x, r(x)) \in \mathcal{B}$. Since A is bounded we may assume that $M_1 = \sup r(x) < \infty$.
Inductively, we choose $x \in A$ with $r(x_1) > \frac{M_1}{2}$. If we have already chosen x_1, \dots, x_j let $x_{j+1} \in A \setminus \bigcup_{i=1}^j B(x_i, r(x_i))$ with $r(x_{j+1}) \geq \frac{M_1}{2}$ as long as possible. Since A is bounded the process terminates in finitely many steps. In this way we obtained: x_1, x_2, \dots, x_{k_1} .

Let $M_2 := \sup \{r(x) : x \in A \setminus \bigcup_{i=1}^{k_1} B(x_i, r(x_i))\}$
Choose k_2 $x_{k_1+1} \in A \setminus \bigcup_{i=1}^{k_1} B(x_i, r(x_i))$ with $r(x_{k_1+1}) \geq M_2/2$. Further, $x_{j+1} \in A \setminus \bigcup_{i=1}^j B(x_i, r(x_i))$ with $r(x_{j+1}) \geq M_2/2$.

Inductively, this results $0 = k_0 < k_1 < k_2 < \dots$ & $M_i \rightarrow 0$ with $2M_{i+1} < M_i$ and we get a sequence of balls $B_i = B(x_i, r(x_i)) \in \mathcal{B}$.
 $I_j = \{k_{j-1} + 1, \dots, k_j\}, j = 1, 2, \dots$
(ii) $M_{i/2} \leq r(x_i) \leq M_j$ if $i \in I_j$.
(iii) $x_{j+1} \in A \setminus \bigcup_{i=1}^j B_i, j = 1, 2, \dots$
(iii) $x_i \in A \setminus \bigcup_{m \neq k, j \in I_m} B_j, i \in I_k$.
It is obvious that (ii) & (iii) holds. To see (iii):

$j \in I_m, i \in I_k$.
- if $k < m, x_i \notin B_j$ by (ii)
- if $m < k$, then $r(x_i) < r(x_j)$ & $x_i \notin B_j$ by (ii). Hence $x_i \notin B_j$.
(iii) means that balls from different blocks do NOT contain each others centers. We know that $M_i \rightarrow 0$ ($2M_{i+1} \leq M_i$) so, by (ii): $r(x_i) \rightarrow 0$. By the construction: $A \subset \bigcup_{i=1}^{\infty} B_i$.
To establish the second inequality in (*), assume that $x \in \bigcap_{i=1}^{\infty} B_{m_i}$. We prove that $\# \{B_{m_i}\} \leq P(d) = 16^d \cdot N(d)$

Normally, by (i) and the previous lemma the indices m_i can belong at most $N(d)$ different blocks I_j . So, we prove that $\#\{I_j \cap \{m_i: i=1, \dots, p\}\} \leq 16^d$

To see this fix s and write $\{I_1, \dots, I_p\} = I_j \cap \{m_i: i=1, \dots, p\}$.

By (i) & (ii) the balls $B(x_i, \frac{1}{4}r(x_i))$, $i=1, \dots, p$ are disjoint and $\bigcup_{i=1}^p B(x_i, \frac{1}{4}r(x_i)) \subset B(x, 2M_j)$.

Hence, for $\alpha_d := \text{Leb}_d(B(0,1))$

$$q \cdot \alpha_d \cdot \left(\frac{M_j}{s}\right)^d \leq \sum_{i=1}^p \text{Leb}_d(B(x_i, r(x_i))) \leq \text{Leb}_d(B(x, 2M_j)) = \alpha_d \cdot (2M_j)^d$$

This implies that $q \leq 16^d$ which completes the proof of part (a).

Now we prove part (b): Let $\{B_i\}_{i=1}^m$ be the balls constructed above and we write $B_i = B(x_i, r_i)$. We know that $r_i \rightarrow 0$. We may assume that $r_1 \geq r_2 \geq \dots$. Let $B_{1,1} = B_1$. Assume that $B_{1,1}, \dots, B_{1,k}$ have already been chosen.

Then $B_{1,k+1} = B_k$ if k is the smallest integer with $B_k \cap \bigcup_{i=1}^k B_{1,i} = \emptyset$. Let $B_{1,1} := \{B_{1,1}, B_{1,2}, B_{1,3}, \dots\}$

If A is not covered by B_1 then we define $B_{2,1}$ as the smallest B_k for which $B_k \notin B_{1,1}$. Inductively, $B_{i,j+1}$ is the smallest B_k s.t. $B_k \cap \bigcup_{i=1}^i \bigcup_{j=1}^j B_{i,j} = \emptyset$.

In this way we define B_1, B_2, \dots such that each of them are disjoint.

We claim that: $(*) A \subset \bigcup_{k=1}^m \bigcup_{B \in B_k} B$, $m \leq 4 \cdot P(d) \cdot 16^d$

To see this we show that $(**) x \in A \Rightarrow \bigcup_{k=1}^m \bigcup_{B \in B_k} B \Rightarrow m \leq 4 \cdot P(d) \cdot 16^d$

$\exists i$ s.t. $x \in B_i$. Then $\forall k=1, \dots, m$ $B_i \notin B_k$. By the construction of B_k , $\exists i_k$: $B_i \cap B_{k,i_k} \neq \emptyset$ & $r_i = r_{k,i_k}$. So $\exists B_k$ with center in $2B_i \cap B_{k,i_k}$ and radius $r_i/2$.

We know that each point in \mathbb{R}^d is contained in at most $P(d)$ balls of the form B_{k,i_k} so the same is true for the balls B_k . That is $\sum_{k=1}^m \mathbb{1}_{B_k} \leq P(d) \mathbb{1}_{\bigcup_{k=1}^m B_k}$

Using that $B_k' \subset 2B_k$: $2^d \alpha_d r_i^d = \text{Leb}_d(2B_k) \geq \text{Leb}_d(\bigcup_{i=1}^m B_k')$

$$= \int \sum_{k=1}^m \mathbb{1}_{B_k'} dx \geq P(d) \int \mathbb{1}_{\bigcup_{k=1}^m B_k} dx = P(d) \cdot \sum_{k=1}^m \text{Leb}_d(B_k) \geq m P(d) \cdot 2^{-d} \alpha_d r_i^d$$

Hence $m \leq 4^d P(d)$. \square

This completes the proof of the Besicovitch's theorem. Now we prove Vitali's covering theorem for Radon measures.

Theorem (Vitali's covering theorem for Radon measure)

Let μ be a Radon measure on \mathbb{R}^d , $A \subset \mathbb{R}^d$ and \mathcal{B} is a family of closed balls s.t. $\forall x \in A: \inf\{r: B(x,r) \in \mathcal{B}\} = 0$. (Every point of A is contained in an arbitrary small element of \mathcal{B} centered at x .)

Then $\exists \{B_i\}_{B_i \in \mathcal{B}}$ disjoint balls s.t. $\mu(A \setminus \bigcup B_i) = 0$.

Proof: We may assume that $\mu(A) > 0$. First we suppose that A is bounded.

Using that μ is a regular measure $\exists M$ open set with $\mu(A) = \mu(\bigcup_{B \in \mathcal{B}} B) + \mu(A \setminus \bigcup B)$ and $A \subset U$. Hence $\mu(A) \leq \sum_{B \in \mathcal{B}} \mu(B)$. So $\exists i$: $\mu(A) = Q(d) \cdot \mu(\bigcup_{B \in \mathcal{B}} B)$

We can find a finite subfamily $\mathcal{B}' \subset \mathcal{B}$ such that $\mu(A) = 2 Q(d) \mu(\bigcup_{B \in \mathcal{B}'} B)$

Let $A_1 := A \setminus \bigcup_{B \in \mathcal{B}} B$. Then $\mu(A_1) \leq \mu(A \setminus \bigcup_{B \in \mathcal{B}'} B) = \mu(A) - \mu(\bigcup_{B \in \mathcal{B}'} B) \leq (1 - \frac{1}{2}) \mu(A) = \frac{1}{2} \mu(A)$

The proof is finished exactly as the proof of Vitali's covering thm for Lebesgue measure. If A is not bounded we divide \mathbb{R}^d into cubes so that their faces are of zero μ -measure sets. Now we turn to Hausdorff measures.

Theorem (a) For every $E \subset \mathbb{R}^d, \exists G \supset E$ which is a G_δ -set satisfying $E \subset G$ and $\mathcal{H}^s(G) = \mathcal{H}^s(E)$.

(b) If E is an \mathcal{H}^s -measurable set with $\mathcal{H}^s(E) < \infty$ then $\forall \varepsilon > 0, \exists F \subset E$ set, $F \subset E$ and $\mu(E \setminus F) < \varepsilon$.

Proof (a) If $\mathcal{H}^s(E) = \infty$ then $G = \mathbb{R}^d$. Suppose that $\mathcal{H}^s(E) < \infty$. For each $i=1, 2, 3, \dots$ we choose a $\frac{\varepsilon}{2^i}$ cover $\{U_{ij}\}_{j=1}^{\infty}$. $E \subset \bigcup_{j=1}^{\infty} U_{ij}; |U_{ij}| < \frac{\varepsilon}{2^i}$ s.t.

$\sum_{j=1}^{\infty} |U_{ij}| < \mathcal{H}_{\frac{1}{2^i}}^s(E) + \frac{1}{2^i}$

Let $G := \bigcap_{i=1}^{\infty} \bigcup_{j=1}^{\infty} U_{ij}$. Then G is G_δ set and $E \subset G$. Further, $\mathcal{H}_{\frac{1}{2^i}}^s(G) \leq \mathcal{H}_{\frac{1}{2^i}}^s(E) + \frac{1}{2^i}$

Hence $\mathcal{H}^s(E) = \mathcal{H}^s(G)$. Using that G_δ sets are Borel sets and Borel sets are $\mathcal{H}^s|_E$ -measurable. \mathcal{H}^s is a regular outer measure.

(b) Assume that $E \subset \mathbb{R}^d$ is an \mathcal{H}^s -measurable set with $\mathcal{H}^s(E) < \infty$. Using (a) we can find open sets $O_1, O_2, \dots, O_i \supset E$ & $0 = \mathcal{H}^s(\bigcap_{i=1}^{\infty} O_i \setminus E) = \mathcal{H}^s(\bigcap_{i=1}^{\infty} O_i) - \mathcal{H}^s(E)$.

$\exists F_{i,j} \supset O_i, F_{i,j}$ closed $(F_{i,j})_j$ is increasing $\bigcup_{j=1}^{\infty} F_{i,j} = O_i$. So $\lim_{j \rightarrow \infty} \mathcal{H}^s(E \cap F_{i,j}) = \mathcal{H}^s(E \cap O_i) = \mathcal{H}^s(E)$. That is for any $\varepsilon > 0 \exists B_i$: $\mathcal{H}^s(E \cap F_{i,j}) < \mathcal{H}^s(E) - \varepsilon$ ($i=1, 2, \dots$)

Let $F := \bigcap_{i=1}^{\infty} F_{i,2^i}$. Then

$\mathcal{H}^s(F) \geq \mathcal{H}^s(E \cap F) \geq \mathcal{H}^s(E) - \sum_{i=1}^{\infty} \mathcal{H}^s(E \setminus F_{i,2^i}) \geq \mathcal{H}^s(E) - \varepsilon$.

We know that $F \subset \bigcap_{i=1}^{\infty} O_i$ hence $\mathcal{H}^s(F \setminus E) = \mathcal{H}^s(\bigcap_{i=1}^{\infty} O_i \setminus E) = 0$.

By (a) $F \setminus E$ is contained in some G_δ -set G with $\mathcal{H}^s(G) = 0$. Hence $F \setminus G \subset E$ & $F \setminus G$ is in $F_{i,2^i}$ set $\mathcal{H}^s(F \setminus G) \geq \mathcal{H}^s(F) - \mathcal{H}^s(G) > \mathcal{H}^s(E) - \varepsilon$.

For each $\varepsilon = \frac{1}{2}, \frac{1}{4}, \frac{1}{8}, \dots$ we construct such an F_ε -set and consider their countable union which is contained in E and of equal meas. to E .

Lemma: Let $E \subset \mathbb{R}^d$ be \mathcal{H}^s -measurable with $\mathcal{H}^s(E) < \infty$ and let $\varepsilon > 0$. Then $\exists S = S(E, \varepsilon)$ s.t. for any collection of Borel sets $\{U_i\}_{i=1}^{\infty}$ with $0 < |U_i| < \frac{\varepsilon}{2^i}$ $\mathcal{H}^s(E) < \sum_{i=1}^{\infty} |U_i| + \frac{1}{2} \varepsilon$ for any s -cover $\{W_i\}$ of E .

Proof: From the definition of $\mathcal{H}^s, \exists s > 0$ s.t. $\mathcal{H}^s(E) < \sum_{i=1}^{\infty} |W_i| + \frac{1}{2} \varepsilon$

Given Borel sets $\{U_i\}$ with $0 < |U_i| \leq s$. Then $\exists s$ -cover $\{V_i\}$ of $E \setminus \bigcup U_i$ s.t. $\mathcal{H}^s(E \setminus \bigcup U_i) + \frac{1}{2} \varepsilon > \sum |V_i|$

Note that $\{U_i\} \cup \{V_i\}$ is a s -cover of E . $\mathcal{H}^s(E) < \sum |U_i| + \sum |V_i| + \frac{1}{2} \varepsilon$.

Put together the last two formulas to get: if $\sum |U_i| = \infty$ then $(*)$ is obvious. Otherwise: $\mathcal{H}^s(E \cap \bigcup U_i) = \mathcal{H}^s(E) - \mathcal{H}^s(E \setminus \bigcup U_i) \leq \sum |U_i| + \sum |V_i| + \frac{1}{2} \varepsilon - \sum |V_i| + \frac{1}{2} \varepsilon = \sum |U_i| + \varepsilon$

Definition (Vitali class) A collection of closed sets V is called Vitali class for the set $E \subset \mathbb{R}^d$ if $\forall x \in E, \forall \delta > 0, \exists V \in V$ with $x \in V$ and $0 < |V| \leq \delta$.

Lemma: Vitali CT for Hausdorff measure

(b) Let $E \subset \mathbb{R}^d$ be \mathcal{H}^s -measurable and V be a Vitali class of closed sets for E . Then we may select a finite or countable disjoint sequence $\{U_i\}$ from V s.t. either $\sum |U_i| = \infty$ or $\mathcal{H}^s(E \setminus \bigcup U_i) = 0$.

\square If $\mathcal{H}^s(E) < \infty$ then for any $\varepsilon > 0$ we may require that $\mathcal{H}^s(E) \leq \sum |U_i| + \varepsilon$.

Proof: Fix $\delta > 0$. We may assume that $|U| = \delta$ for all $U \in V$.
 Let $U_1 \in V$ be arbitrary. Assume that U_1, \dots, U_m have already been chosen and
 $d_m := \sup \{ |U| : U \in V, U \cap \bigcup_{i=1}^m U_i = \emptyset \}$
 If $d_m = 0$, then $E = \bigcup_{i=1}^m U_i$ then (a) follows and the process terminates. If $d_m > 0$, $U_{m+1} \in V$ is chosen s.t. $U_{m+1} \cap \bigcup_{i=1}^m U_i = \emptyset$ and $|U_{m+1}| > \frac{1}{2} d_m$. Suppose that a process continues indefinitely s.t. $\sum_i |U_i| < \infty$. If this does not hold we are ready.

For every i , let $x_i \in U_i$ be arbitrary and we define $B_i = B(x_i, 3|U_i|)$.
Claim: $E \setminus \bigcup_{i=1}^{\infty} U_i \subset \bigcup_{i=k+1}^{\infty} B_i$.
Proof of the claim: Let $x \in E \setminus \bigcup_{i=1}^k U_i$. We can choose $U \in V$ s.t. $x \in U$ & $U \cap \bigcup_{i=1}^k U_i = \emptyset$. (U is closed)
 Since $\sum |U_i| < \infty$ we have $|U_i| \rightarrow 0$ so $\exists m$ s.t. $|U| > 2|U_m|$. Then $\exists k < i < m$ for which $U \cap U_i \neq \emptyset$ & $|U| \leq 2|U_i|$. (Proved)
 Clearly $U \subset B_i$ so the claim is v.

Thus if $\delta > 0$
 $\mathcal{H}_\delta^\Delta(E \setminus \bigcup_{i=1}^{\infty} U_i) \leq \mathcal{H}_\delta^\Delta(E \setminus \bigcup_{i=1}^k U_i)$
 $\leq \sum_{i=k+1}^{\infty} |B_i| = 6 \cdot \sum_{i=k+1}^{\infty} |U_i|$
 whenever k is so large that $\forall i > k : |B_i| \leq \delta$ holds. Hence $\mathcal{H}_\delta^\Delta(E \setminus \bigcup_{i=1}^{\infty} U_i) = 0, \forall \delta > 0$. So, $\mathcal{H}^\Delta(E \setminus \bigcup_{i=1}^{\infty} U_i) = 0$ which proves (b).

To prove (b) we may assume that the δ chosen at the beginning of the proof is the $\delta = \delta(\varepsilon, E)$ from the previous Lemma. If $\sum_i |U_i| = \infty$ the (b) follows. Assume that $\sum_{i=1}^{\infty} |U_i| < \infty$. Then by the previous Lemma:
 $\mathcal{H}^\Delta(E) = \mathcal{H}^\Delta(E \setminus \bigcup_{i=1}^{\infty} U_i) + \mathcal{H}^\Delta(E \cap \bigcup_{i=1}^{\infty} U_i)$
 $= 0 + \mathcal{H}^\Delta(E \cap \bigcup_{i=1}^{\infty} U_i)$
 $< \sum_i |U_i| + \varepsilon. \quad \square$